



Re-Balance Course Hosting Agreement

Course Title(s)

“Re-Balancing Breath”
“Re-Balancing Asymmetrical Dynamic Posture”
(Or other approved Re-Balance Pilates educational courses)

Dates:

Location:

Host Studio Contact:

Instructors:

Donna Parise Byrne, PT, PRC, NCPT
Sarah Petrich, PT, DPT, PRC, NCPT

Purpose

Re-Balance Pilates will conduct an educational course hosted by the studio for the purpose of training Pilates instructors and movement professionals in the Re-Balance Pilates approach and the science behind functional movement, breath, and asymmetry. Courses are designed as interactive, small-group sessions for professional development and continuing education.

Minimum number of participants: 12 Maximum number 3 participants per reformer

Re-Balance Pilates Responsibilities

- Course design, curriculum development, and delivery
 - Continuing education credit applications (where applicable)
 - Marketing and Social Media to promote course
 - Certificates of completion for participants
 - Digital (PDF) course manuals
 - Participant course evaluation surveys
 - Post-course feedback for host and presenters
 - Speaker honorarium
 - Lodging and travel expenses for speakers
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Host Studio Responsibilities

- Provide names, credentials, and contact information for host site participants at least 4 weeks prior to the course date
 - Prepare and acquire signatures for release of liability forms from participants
 - Provide space suitable for lecture and lab, accommodating up to maximum number of participants plus a demonstration table for instructors
 - Marketing and Social Media to promote course
 - Provide light refreshments (continental breakfast and snacks) for attendees and presenters
 - Provide the following **equipment**:
 - Projector and screen or large flat-screen monitor with HDMI or wireless connection
 - One Pilates Reformer or Tower Reformer per 3 participants
 - Yoga blocks
 - Hand towels for each participant
 - 4–6 inch exercise balls
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Course Fee

- **Course Fee:** \$750. per person for 2 day (16 hour) course
- **In Exchange for Hosting** (please check one)

☐ **Option one:** One free tuition (per minimum of 12 people)

☐ **Option Two:** Twenty-five percent (25%) discount on regular (not early bird) tuition for each attendee for hosting organization up to 4 staff members with minimum number of course attendees (12)

*All host site staff who will be present at the course must be registered

Cancellation Policy

If the host studio must cancel, Re-Balance Pilates must be notified **at least 4 weeks in advance**. Cancellations with less than 4 weeks' notice are subject to processing fees for expenses incurred. Re-Balance Pilates will make every effort to avoid cancellation due to lack of participants. If an emergency occurs and cancellation or rescheduling is required, the host studio will be notified **ASAP** and every effort will be made to reschedule the course or tuition will be refunded.



Indemnification

The Host Studio agrees to indemnify, defend, and hold harmless **Re-Balance Pilates**, its instructors, employees, and affiliates from and against any and all claims, liabilities, damages, losses, or expenses (including reasonable attorney's fees) arising out of or related to (i) the course activities, Host Studio's premises, facilities, or equipment; (ii) the acts or omissions of the Host Studio, its staff, or attendees; or (iii) any breach of this agreement. This indemnification shall survive the completion or termination of the course.

Signatures

For Re-Balance Pilates

Signature: _____ Date: _____

Name: _____

For Host Studio

Authorized Signer: _____ Date: _____

Name: _____

Studio Name: _____